



AGING WITH DIGNITY

**AN INTRODUCTION TO
GOVERNMENT INITIATIVES FOR
SENIOR CITIZENS**

NATIONAL HELPLINE FOR SENIOR CITIZENS

'Elderline' was operationalized on **October 1, 2021** on the *International Day for Older Persons*, by the then-Hon'ble Vice President of India, **M. Venkaiah Naidu**. All States and Union Territories have implemented the toll-free number 14567, which is open seven days a week, from 8 AM to 8 PM.

Field intervention

1. Care and support for Abused
2. Rescue and Reunion of Homeless elderly

Guidance

1. Legal
2. Dispute Resolution
3. Pension Related
4. Government Schemes
5. Maintenance issues

Information

1. Health
2. Shelters and Old Age Homes
3. Day Care Centres
4. Caregivers
5. Elder-Friendly Products

Emotional Support

1. Anxiety resolution
2. Relationship management & Family disputes
3. Loneliness

Elderline's mission is to **connect, interact, and provide compassionate service to senior citizens** on a singular platform by addressing their complaints, providing the information they need, and conducting field interventions through a collaborative effort of highly dedicated partners, including government agencies, non-profits, the private sector, organizations that support the cause of senior citizens, and volunteers.

INTEGRATED PROGRAMME FOR SENIOR CITIZENS

Maintenance of Senior Citizens' Homes/ Senior Citizens' Homes for Women including those under Sansad Adarsh Gram Yojana (SAGY)

List of Senior Citizen Homes

Maintenance of Continuous Care Homes and Homes for senior citizens afflicted with Alzheimer's disease/ Dementia

List of Continuous Care Homes

Maintenance of Mobile Medicare Units

List of Mobile Medicare Units

Physiotherapy Clinics for Senior Citizens

List of Physiotherapy Units

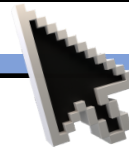
EMPLOYMENT AND SOCIAL ENGAGEMENT

SCOPE: Senior Citizen Opportunities for Productive Engagement

SCOPE offers suitable employment opportunities for abled elders who are aged 60 and above through an **electronic employment exchange** for senior citizens



[Access Opportunities Here](#)

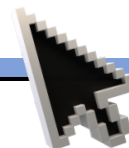


Anubhav Bolta Hai

"*Anubhav Bolta Hai*" is a dedicated space for senior citizens, designed to promote their well-being through a variety of engaging activities. This initiative encourages and motivates seniors by providing opportunities for social interaction, entertainment, and personal growth. The initiative facilitates any individual in organizing events specifically tailored for senior citizens, including cultural programs, fitness sessions, educational workshops, or recreational gatherings.



[Register Here](#)



REGIONAL RESOURCE AND TRAINING CENTRES (RRTC)

Regional Resource and Training Centers (RRTC) are key nodal agencies on geriatric under the administration of the Ministry of Social Justice and Empowerment, providing overarching technical support and inputs on senior citizens programs in their assigned States allocated by the Ministry (Annexure-1).

- The RRTCs are distributed across all states and union territories, responsible for advocacy, awareness, training of stakeholders, database generation, inspections, monitoring, research and coordinating with respective State Governments with reference to eldercare.
- The RRTCs are agencies through which the Ministry and NISD can reach out to beneficiaries.

Guidelines

1. The RRTC's shall act as a technical support group to the State Government in preparing the State Action Plan, monitoring its implementation and evaluation of outcomes.
 2. They shall prepare an Annual Action Plan which should include visits, capacity building programmes, monitoring and evaluation exercise.
 3. They will upload their field visits on the **E-anudaan** portal along-with photographs and their observation on regular basis.
 4. Training on Geriatric Care and Health Care and creating a pool of trained personnel who can run the Senior Citizen Homes as per minimum standards and training to the staff of the project of Senior Citizens Homes (Implementing Agency: NISD through RRTCs).
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Name of RRTC	Headquarters	Allocated Regions
Anugraha	Delhi	Delhi, Haryana, Uttrakhand, Uttar Pradesh, J&k And Ladakh
Calcutta Metropolitan Institute Of Gerontology	Kolkata, West Bengal	Bihar And West Bengal
Centre For The Study Of Social Change	Mumbai, Maharashtra	Parts of Maharashtra (except Vidharbha Region), Chhattisgarh, Goa
Helpage India	Shimla, Himachal Pradesh	Punjab, Chandigarh, Himachal Pradesh
Helpage India	Chennai, Tamil Nadu	Tamil Nadu And Puducherry
Heritage Foundation	Hyderabad, Telangana	Andhra Pradesh, Telangana And Andaman & Nicobar
Integrated Rural Development And Educational Organization	Thoubal, Manipur	Manipur, Tripura, Sikkim And Nagaland
Janaseva Foundation	Pune, Maharashtra	Vidharbha Region, Madhya Pradesh, Gujarat, Rajasthan, Dadra Nagar And Haveli, Daman & Diu
Mission Movement	Aizawl, Mizoram	Assam, Meghalaya, Arunachal Pradesh And Mizoram
National Resources Centre For Women Development	Bhubaneswar, Odisha	Odisha And Jharkhand
Nightingales Medical Trust	Bangalore, Karnataka	Karnataka, Kerala And Lakshadweep

FREE ASSISTED LIVING DEVICES

RASHTRIYA VAYOSHRI YOJANA

- The Rashtriya Vayoshri Yojana was launched on 1st April 2017, with the aim of providing **assisted living devices** to senior citizens who belong to the **BPL** (Below poverty line) category, with a monthly income of not more than **Rs 15000/-** and are suffering from age-related disabilities.
- These assisted living devices become crucial in restoring functional ability, facilitating *Instrumental Activities of Daily Living (IADLs)* and allowing afflicted elders to overcome the challenges of age-related impairment including poor vision, hearing impairments, dental loss and loco-motor disabilities. For senior citizens aged 80 years or more, the devices are provided at their doorsteps.
- **Artificial Limbs Manufacturing Corporation (ALIMCO)** is the sole implementing agency of the RVY. These devices are distributed in 'camp mode' as beneficiaries are identified through Assessment Camps organized in collaboration with the respective State Government/District Administration.

S.No	Required Documents	
1	Adhar Card	197+ Camps
2	Ration Card	
3	Pan Card	35,42,042+ devices distributed
4	Driving License	
5	Income Certificate	6,76,422+ Beneficiaries

For more information on [Aging With Dignity](#), the eldercare program of the Department of Social Justice and Empowerment, **Ministry of Social Justice and Empowerment**:

[Click Here](#)



For more information on **WeServe: An Initiative to Unserve**, a network of socially committed professionals working to provide adaptable and sustainable solutions to *demographic transitions, caregiving deficiencies and the social consequences of dependency and structural barriers* through [Sahcharya](#), our [Elder Care Programme](#):

[Click Here](#)



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